

# THIS IS Living



Ohio Living  
Dorothy Love

SPRING 2019

OHIOLIVING.ORG

## So Much More Time for Activities! Couple enjoys hobbies, activities offered on campus



Carol and Wil Prenger retired to Ohio Living Dorothy Love nearly five years ago, but that doesn't mean they've been sitting back with their feet up. In fact, they've barely taken the time to sit at all! With freedom from home upkeep, the Prengers have a lot more time to participate in the many activities they love and enjoy.

Wil, 87, is restoring a Model A car, a hobby he has enjoyed for decades. This makes the seventh vehicle he's restored, including a school bus. He swears the huckster in his garage will be his last restoration, but only time will tell! Carol, 83, has made 24 queen-sized quilts in her lifetime. She and some fellow quilters at Ohio Living Dorothy Love continue to create warm covers for fire victims, hospitalized children and hurricane survivors.

But one hobby each would never be enough for this pair! Wil does woodworking and chair caning, while Carol enjoys basket weaving and sewing. She also makes crafts with a resident group that meets twice a week. One of their most popular projects is making greeting cards using the iris folding technique. The cards are sold in the campus gift shop and the proceeds benefit our Life Care Commitment, which helps ensure that residents will always have a home here, even if, in good faith, they run out of the funds meant to see them through.

In addition to their personal hobbies, the couple participates in campus activities on a regular basis. "We just had a meeting to talk about where we can go on the bus trips they have every other month," said Carol. Wil noted that the trips always include a meal at a nice

restaurant as well as a tour or performance. The Prengers also enjoy monthly Saturday night get-togethers and the annual ice cream social for residents and their families in celebration of Grandparents' Day.

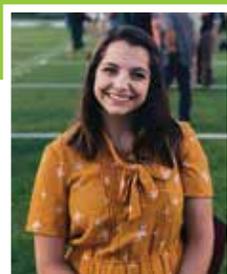
They often visit the Aspen Club, a recently-renovated area of our campus apartment building, to enjoy "A Taste of Culture." This popular program features a different country every month, where a presenter shares details and local foods are sampled in addition to cheese and wine.

Wil, an Army veteran who served in the Korean conflict, likes to attend the monthly military canteen. Here, he and fellow resident veterans meet for breakfast, listen to a featured speaker and reminisce about their days in the service.

If you ask what brought them to Ohio Living Dorothy Love, the Prengers have a unique answer: Carol's knees! She had developed problems that made going up and down the steps in their family home difficult and painful. "A doctor told me, 'You don't need surgery; get rid of the steps!'" Carol explained. So she and Wil began to research their options and settled on Ohio Living Dorothy Love. They liked that our campus had multiple options for independent living – apartments and single-family homes – as well as the variety of programs and activities available. "We go to the fitness center (on campus) three times a week. The knee problems have pretty much gone away," Carol said.

As they begin their fifth year as residents here, the Prengers are busy and happy. "For me, it's a great place to be," Wil shared.

### 2 CAMPUS & TECHNOLOGY



- Innovation and Technology Partnerships:
  - Nursing School Rotations
  - SMART Living Labs
  - Project VIBE
  - Student in Residence

### 3 COMMUNITY LIFESTYLE



- Community Calendar
- How to Know it's Time
- Ohio Living Moving Expo

### 4 CAMPUS LIFE



- Resident Spotlight
- Moving Expo
- Garden Party

# Keep Yourself Young with Technology and Innovation

## Ohio Living partners with state colleges and institutes

At Ohio Living, we're always on the lookout for partners in our ongoing efforts to stay at the forefront of innovation in aging services. Here are a few of the partnerships that are currently helping us bring unique opportunities to our residents, patients, staff and those in our surrounding communities:



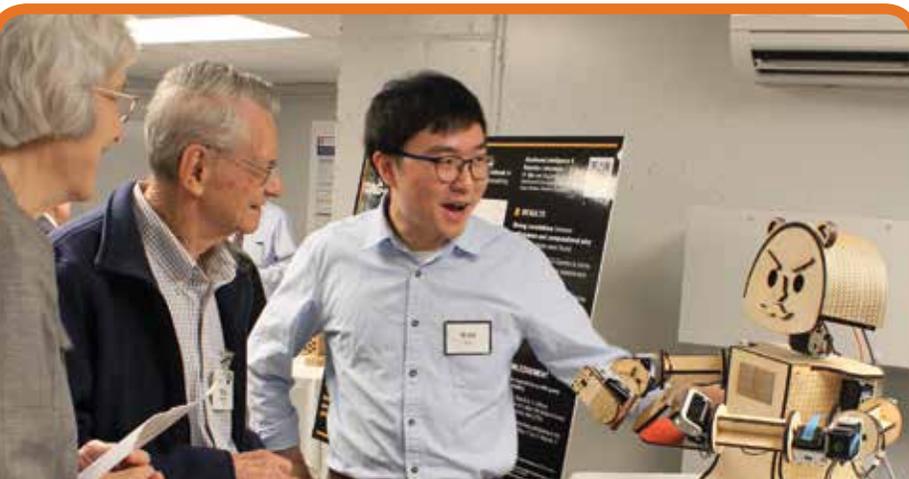
### Nursing School Rotations

In 2011, the father of Youngstown State University (YSU) nursing professor Mary Shortreed was a resident at Ohio Living Lake Vista in Cortland. She was so impressed by his care that she wanted her nursing students to experience it firsthand. Since that time, Mary's students have gone through nine-week sessions in the long-term care center one day per week to learn about care from professionals she trusts. "I choose to be at Ohio Living Lake Vista because of the way they care for their residents and the way they treat my students," said Mary.



### Project VIBE

Ohio Living Park Vista and YSU have teamed up to offer Project VIBE (Valley Initiative to promote Balance among the Elderly) to Mahoning Valley residents. Participants receive free assessments that examine things like gait, balance, strength, cognition, lifestyle and more. "Falls are the leading cause of injury among older adults, which is a major threat to independence and leads to costly health care," said Dr. Tiffany Hughes, Assistant Professor of Gerontology at YSU. "Project VIBE helps to better understand who is at risk and raises awareness about fall prevention."



### Smart Living Lab

Ohio Living Breckenridge Village in Willoughby built a 2,400-square-foot Smart Living Lab on its campus to give residents a dedicated location for trying out new devices and programs that meet age-related needs. In collaboration with Case Western Reserve University researchers, participants work with the devices before the technology advances to the marketplace—and where university faculty and students can immediately relate with them to address their daily challenges. This program has proven so popular that there is a waiting list to be able to participate!



### Student In Residence

Ohio Living Westminster-Thurber has partnered with the Ohio State University for a special opportunity as part of the Age-Friendly Student In Residence Program. Natalie, a 21-year-old student in the College of Social Work and an intern with Age-Friendly Columbus and Franklin County, lives in a studio apartment at our Columbus life plan community. To fulfill her requirement of engaging formally with the community, Natalie hosts a weekly "Porch Stories" program where residents share their personal stories relating to the topic of the week.

# Community Calendar



## PROGRESSIVE LUNCH OPEN HOUSE - April 30

- 11:00 a.m. Aspen Club – appetizers
- 11:30 a.m. House tour – main course
- 12:30 p.m. Tour of apartment building, chapel and Amos Center  
Question/answer session
- 1:00 p.m. Apartment tour – dessert
- 1:30 p.m. Door prize drawing

Call Deb Sanders at 937.497.6543 for reservations. Space is limited.

## ARMED FORCES CANTEEN - April 19, May 17, June 21

### All Veterans invited!

Come spend time with fellow Veterans. Enjoy refreshments, a program and great company.

Call Eric Shoemaker at 937.497.6525 for reservations or if you have a program that you would like to share!

## OHIO LIVING MOVING EXPO - May 16

Thursday, May 16

11:00 a.m. - 2:00 p.m.

Visit [www.ohioliving.org](http://www.ohioliving.org) or call 937.498.2391 to reserve a spot.

Join us to learn just how the process of a move is a puzzle, and we have all the pieces. Meet vendors from movers, realtors and more to help prepare now or for the future.

## GARDEN PARTY - June 14

Friday, June 16

2:00 p.m. - 4:00 p.m.

RSVP to 937.497.6543 by June 1st.

Please join us in the apartment building courtyard for an afternoon of wine, light appetizers, and beautiful music.



JOIN US!

# OHIO LIVING MOVING EXPO



11 Ohio Locations, Same Ohio Living Expertise

Talk to experts about what it takes to move, and learn about everything Ohio Living has to offer for independent living.

Take a tour and connect with professional:

- Packers
- Movers
- Realtors
- Interior designers
- Stagers
- And more!

May 16

11 a.m.  
to  
2 p.m.



Visit [ohioliving.org](http://ohioliving.org) or call 937.498.2391 to make a reservation and learn more about our moving expo locations!

# How to Know it's Time

## Simplify your life with a move to an Ohio Living community

Did you know that you can simplify your life while enriching your lifestyle? Ohio Living life plan communities are active, vibrant places designed exclusively for people who are aged 55 and better. Here, you can focus on what matters most: enjoying the best years of your life, care-free!

Too often, people think that moving to a condo is the best way to downsize and take the next step toward a simpler life. After all, it can eliminate some of the time and money spent on home upkeep. But moving to an Ohio Living community offers the same benefits while also securing a plan for your future that allows you to enjoy the present.

So how do you know if it's time to make the move? Let's look at four questions that can help you decide:

### Are you tired of home upkeep?

Is the care and maintenance of your home more of a burden than a joy? If so, get ready to delete the numbers for your handyman, plumber and electrician – at Ohio Living, you won't need them! Let us handle the routine maintenance and urgent repairs, both inside and out. We'll also take care of the leaf raking, snow shoveling, lawn mowing and landscaping, so you have more time for the things you enjoy.

### Do you live alone?

Safety, security and quality of life are all things that can be easily compromised when living alone. Residing in an Ohio Living community where there's fast access to medical care, along with staff and neighbors who are there to check in on you, can make a world of difference in staying independent. Enjoy the peace of mind that comes from knowing your home will be looked after in your absence.

### Are you being challenged?

Our minds are kept sharp by learning new skills. As an Ohio Living resident, you'll have access to more opportunities to challenge yourself than you ever thought possible. Enjoy lifelong learning opportunities through workshops and lectures; fitness classes and access to top-of-the-line equipment; social engagement through trips, clubs, volunteer work and activities; cultural enrichment like music and theater performances as well as participation in arts classes; and spiritual life programming including worship services, Bible studies and more.

### Do you have a plan for your future?

As an active person, it's best to be proactive and plan for your future health care needs. If you take control of those decisions now, your family won't have to if a crisis happens later. When you make an Ohio Living community your home, you'll have access to varying levels of care for different stages of health. You can move from one level of care to another – and back again – with ease. You'll also have access to transportation to offsite medical appointments if needed. You have a lot of living yet to do! Call us today to schedule your tour and see why our residents say they wish they'd made the move to this incredible lifestyle years earlier.

JOIN US!

# OHIO LIVING MOVING EXPO



11 Ohio Locations, Same Ohio Living Expertise

We know that planning a move can be overwhelming, and it only gets more complicated when you and your family members live in different parts of the state. That's why we're offering 11 moving expos throughout Ohio on the same day.

Talk to experts about what it takes to move, and learn about everything Ohio Living has to offer for independent living.

**May 16**  
11 a.m.  
to  
2 p.m.



**Ohio Living**  
Dorothy Love



**Ohio Living**

Dorothy Love

3003 West Cisco Road  
Sidney, Ohio 45365  
ohioliving.org

NON-PROFIT  
US POSTAGE  
PAID  
PERMIT #227  
COLUMBUS, OH



Visit [ohioliving.org](http://ohioliving.org) or call 937.498.2391 to make a reservation and learn more about our moving expo locations!

You're invited to a  
**Garden Party**

Please join us in the  
apartment building courtyard

**Friday, June 14**  
2 to 4 p.m.

for an afternoon of wine,  
light appetizers and beautiful music.

RSVP to 937.497.6543 by June 1st.

**Ohio Living**  
Dorothy Love

2500 North Kuther Road | Sidney, Ohio 45365  
[ohioliving.org](http://ohioliving.org)



## Resident Spotlight: Vera Bell-Piper

We'd like to introduce you to resident Vera Bell-Piper. Although chances are, if you live in the Sidney area, you probably already know her because Vera doesn't know a stranger! Almost every time we give a tour to a potential resident, Vera knows them. She'll stop the tour to catch up with the person and tell them how much she's loved living here the past three years.

When we asked Vera what took her so long to decide to move here, she replied, "I was leery of not having enough money. I decided to move because of how enthused my family was about this place, knowing that I would be taken care of even if I ran out of money. I felt this was where the Lord wanted me to be."

Since moving here, Vera has been very active. "I love the carefree lifestyle! I don't have to cook, I don't have to clean; I can just enjoy activities like Bible studies and card games," she explained.

If you would like to have lunch with Vera and take a tour, call Deb Sanders at 937.497.6543.



## A Place To Call Home

Apartment living at Ohio Living Dorothy Love provides freedom from home upkeep and maintenance with all the added amenities that will allow you to live life your way.

### Features:

- Fully-equipped kitchens
- Beautiful views
- Spacious closets and storage
- Housekeeping services
- And much more!

Call 937.498.2391  
to schedule your  
visit today!



**Ohio Living**  
Dorothy Love